

Iowa's first National Recreation Trail, the Sac and Fox, was designated in 1975. Constructed and maintained by the Cedar Rapids Parks Department, the seven-mile long trail is relatively level and broad with a pressed limestone surface. About half of the trail is in the Indian Creek Valley, where walkers encounter a deep forest split by the riffles of this scenic stream. The rest of the trail follows the Cedar River and is in more open terrain. Hiking, cross-country skiing, horseback riding and bicycling are permitted. **Motorized vehicles and weapons are prohibited. Dogs must be leashed.**

Parking lots: Cole Street, Indian Creek Nature Center and Bertram Road. There is room for a few cars to park along the road at the Wilder Drive and Rosebde Road accesses.

Trail Access: All points listed under parking. There is also foot access at East Post Road and Mount Vernon Road.

CEDAR GREENBELT TRAIL

The Cedar Greenbelt Trail is a series of footpaths off of the Sac and Fox Trail. It was declared a National Recreation Trail in 1980 and is under the management of Indian Creek Nature Center. Hiking and cross-country skiing are permitted. Unlike the Sac & Fox, the Cedar Greenbelt Trail is narrow, winding, hilly and is unsuited for horses or bicycles. No motorized vehicles, bicycles, horses or weapons are allowed. Dogs must be leashed.

Cedar Rapids Parks Department
3601 42nd Street NE
Cedar Rapids, IA 52402
286-5760

INDIAN CREEK NATURE CENTER

Indian Creek Nature Center is a privately funded organization open to the public. Building hours are 9 AM to 4 PM weekdays. The Nature Center sponsors frequent activities, many of which take place on the trails.

Indian Creek Nature Center
6665 Otis Road SE
Cedar Rapids, IA 52403
362-0664

www.indiancreeknaturecenter.org

Restrooms, telephone, drinking water, naturalist's services and gift shop are available at Indian Creek Nature Center during open hours.

The Sac & Fox Trail

Iowa's First National Recreation Trail

Cedar Rapids
Parks Department

Indian Creek
Nature Center

SAC AND FOX NATIONAL RECREATION TRAIL - DISTANCES (Rounded to nearest quarter mile)

- East Post Rd. to Wilder Access - 1½ mi.
- Wilder Access to Foot Bridge - ½ mi.
- Foot Bridge to Rosedale Road - ¼ mi.
- Rosedale Rd. to Mt. Vernon Rd. - 1¼ mi.
- Mt. Vernon Rd. to Bertram Road Parking Lot - ¼ mi.
- Bertram Rd. Parking Lot to
Bertram Rd. Bridge - ¼ mi.
- Bertram Road Bridge to Old Henry - ¼ mi.
- Old Henry to Otis Rd. Bridge
and the Nature Center - ¼ mi.
- Otis Rd. Bridge to 44th Street
Dry Wash - 1½ mi.
- 44th St. Dry Wash to Old Barn - 1 mi.
- Old Barn to Cole Street
Parking Lot - ¼ mi.

**TOTAL DISTANCE OF SAC AND FOX
TRAIL: 7½ miles**

